

# CAYUGA LAKE CRUISING FLEET

## 2009 Spring and Fall Series

### SAILING INSTRUCTIONS

#### 1. Rules.

- 1.1. The regatta will be governed by the United States Sailing Association's current Racing Rules of Sailing ("RRS"), US SAILING Prescriptions, and by the Sailing Instructions.
- 1.2. It is the sole responsibility of each skipper to decide whether to start or to continue the race.
- 1.3. The race committee shall include the starters and the fleet officers.

#### 2. Entries

- 2.1. Skippers may be entered by completing registration with the organizing authority and paying the entry fee. Entries are accepted at any time during the series.
- 2.2. There are no restrictions on the type of boat that may be entered. However, if the organizing officers are not able to determine an appropriate PHRF rating, the entry may be rejected.
- 2.3. Boats may be hauled out of the water between days of races.

#### 3. Notices to Competitors

- 3.1. Notices to Competitors will be posted on the official CLCF notice board located at the Ithaca Yacht Club South Pavilion.

#### 4. Changes to Sailing Instructions

- 4.1. Any changes in the sailing instructions will be posted one hour or more before the start of the affected race, except that any change in the schedule of races will be posted by 1800 hours on the day before it will take effect.

#### 5. Signals

- 5.1. Signals made ashore will be displayed from the flagpole located in front of the IYC clubhouse.
- 5.2. Signals to start the races will also be displayed on the IYC flagpole. A race committee signal boat will not be used.
- 5.3. The signals to conduct a race are described in section 9 below.

#### 6. Schedule of Races

- 6.1. Races are scheduled as shown on the Calendar in Appendix A.
- 6.2. The scheduled time of the start signal for the first race each day is: 1:30pm.

- 6.3. A competitors meeting will be held at the IYC South Pavilion 45 minutes before the scheduled start of the first race on each day of racing. Attendance at the meeting is optional – all the information needed to race is posted by the race committee.
- 6.4. Subsequent races scheduled for the day will be held as soon as possible after the end of the previous race.
- 6.5. At least three races must be held to constitute a series.
7. Check In
- 7.1. All contestants are requested to check in by sailing past between the yacht club and mark “A”, prior to their first race of each day, or by calling the race committee by VHF on channel 80. Failure to check in shall not be grounds for protest.
8. The Course
- 8.1. The course will be around fixed marks described in Appendix B.
- 8.2. The course will be designated by the race committee using the course poles either side of the IYC flagpole. The course for A-fleet will be on the pole to the south of the flagpole. The course for B-fleet will be on the pole to the north of the flagpole.
- 8.3. The course will be indicated by a series of letters, reading from top to bottom in sequence.
- 8.4. When a course letter is displayed with a green background, the corresponding mark shall be rounded to starboard. When a course letter is displayed with a red background, the corresponding mark shall be rounded to port.
- 8.5. All races will start and finish between mark A and the IYC. When Mark A is to be passed as a consequence of its being an endpoint of the starting or finishing line, it will not be displayed on the course pole. Mark A may be used as a turning mark at other points within the course.
- 8.6. The course may be changed by the race committee prior to the 5-minute warning signal for that fleet’s start.
9. The Start
- 9.1. The starting line will be between the IYC flagpole and mark A. The line must be crossed in the direction towards the first mark of the course. If the first mark is “East Shore”, the line shall be crossed from South to North.
- 9.2. The start is signaled by round colored shapes hoisted at the IYC flagpole, with sounds, in the following sequence:

|               |                          |  |
|---------------|--------------------------|--|
| T -15 minutes | Several long horn blasts | Optional Harbor horn (at the discretion of the Race Committee) |
| T - 5 minutes | Fleet shapes up, 1       | 5-minute Warning for   |

|               | sound                                     | first start                                    |
|---------------|---|--|
| T - 4 minutes | Blue shape up, 1 sound                    | Preparatory for first start                    |
| T - 1 minute  | Blue shape down, 1 long sound             | One minute to first start                      |
| T - 0         | Red shape up, 1 sound                     | First start, & 5-minute warning for 2nd start. |
|               | Red shape down (time has no significance) |  |
| T + 1 minute  | Blue shape up, 1 sound                    | Preparatory for 2nd start                      |
| T + 4 minutes | Blue shape down, 1 long sound             | One minute to 2nd start                        |
| T + 5 minutes | Red shape up, 1 sound                     | 2nd start                                      |

9.3. Signals occur at the time when the shape hits the yard arm. Times will be taken from the visual signals, and a failure or misfiring of a gun, horn or other sound signal should be disregarded

9.4. Note that the fleet shapes are not lowered, but remain on the flagpole after the start. The start is signaled the hoisting of a red shape. The red shape and fleet shapes are lowered at any time before the warning for the next race.

9.5. The fleet shapes are as follows:

9.6. A-Fleet Red and White ball

9.7. B-Fleet Green and white ball

9.8. The sequence of shapes, from top to bottom shall indicate the order of starting. Two Fleets starting together will have shapes hung side by side.

## 10. Recalls

10.1. Individual recall procedure (follows RRS 29.1): When, at her starting signal, any part of a yacht's hull, crew, or equipment is on the course side of the starting line, the race committee will:

- make one sound signal,
- display Blue Cross on White (Code Flag X) until all such yachts are wholly on the pre-start side of the starting line or its extensions, or at least until one minute before the next start signal, whichever is earlier,
- attempt to notify the offending yacht.

## **10.2. General recall procedure:**

- **The race committee will display the General Recall flag (First Substitute - Blue & Yellow) and make two sounds.**
- **The fleet being recalled will start five minutes after the last scheduled fleet's start. If more than one fleet must restart, they will restart in order after the last start whether it was good or recalled.**

## **11. The Finish**

**11.1. The finishing line will be between Mark A and the Yacht Club flagpole. The finishing line shall be crossed in the direction from the preceding mark. If the preceding mark is 'F' (East Shore), the line shall be crossed from North to South.**

**11.2. Alternative finish line: If, when approaching the finish, the line is obstructed by boats starting another race, boats may choose to finish as close as possible outside mark A, on an extension of the finish line. Boats using the alternative finish shall note the time of their finish and shall report to the RC as soon as possible when the sequence of starts is over.**

**11.3. After finishing boats shall keep clear of the finish line. Failure to keep clear shall be grounds for protest by the RC only.**

## **12. Additional races**

**12.1. If additional races for a fleet are scheduled, and all boats in that fleet have finished the preceding race, the RC may display that fleet's shape part-way up the halyard, sound several long horn blasts, and begin a starting sequence at any time thereafter.**

**12.2. If no more races for a particular fleet are planned, but other fleets will continue to race, a red flag will be displayed on top of the course pole for that fleet to indicate that it is done for the day.**

**12.3. If no more starts will be conducted for any fleet, Code Flag F (red diamond on white background) will be displayed on the halyard until all boats have finished the race in progress.**

## **13. Shortening the course**

**13.1. The course may only be shortened when mark A occurs as a turning mark in the course.**

**13.2. To shorten the course, the RC will display Code Flag S (Blue square on white background) on top of the affected fleet's course pole, and make two sounds.**

**13.3. After the shorten course signal has been made, the boats shall finish according to section 11.**

**13.4. The RC may repeat the two sound signals and wave the flag when boats are approaching mark A.**

**13.5. If mark A occurs more than once in the course, the shorten course signal applies to the leading boat. All boats in a fleet must sail the same course.**

## **14. Time Limits**

**14.1. No race will start after 3:30 PM**

**14.2. The time limit for the first race of the day will be three hours from the start signal. The time limit for subsequent races will be two and one half hours from the start signal.**

**14.3. RRS 35 applies: If one boat in a class sails the course and finishes with the time limit, all boats in the same class that finish shall be scored according to their finishing places unless the race is abandoned. If no boat finishes within the time limit, the race committee shall abandon the race.**

## **15. Abandonment**

**15.1. When severe weather threatens, all races in progress may be abandoned. The race committee may display Code Flag N (Blue & White Checked) with three sounds. Every attempt will be made to notify the participants by other means.**

## **16. Retiring**

**16.1. A boat retiring from a race shall notify the Race Committee as soon as possible**

## **17. Communication**

**17.1. The race committee may broadcast its intentions and sound signals on VHF channel 80.**

## **18. Protests and Requests for Redress**

**18.1. All protests and requests for redress shall be handled according to RRS Part 5, except a protesting yacht shall lodge her protest with the race committee verbally within one hour after her last finish of the day, and a written protest shall be handed to the race committee within ninety minutes after her last finish of the day, unless the race committee has reason to extend this time limit. If no race committee member is present at the Yacht Club after the race in which the incident occurred, the onus is on the protesting skipper to contact a race committee member within twenty four hours of finishing or retiring. Those involved will be notified of the time and place of the hearing. Every attempt will be made to hold the protest hearing on the same day as the race. Failure to comply with these instructions may invalidate a protest. A protested yacht may withdraw from the race and receive only the penalty points for a DNF. RRS Rule 44.2, the 720 degree (double donut) penalty shall apply.**

## **19. Scoring**

**19.1. Scoring will be based on the "Low Point System" as described in RRS A4 except for the following modifications:**

- The first place boat will be awarded 0.75 points.**
- Did Not Start (DNS) and Disqualified (DSQ) will be scored as the number of boats that finished the race plus two.**

- **Did Not Finish (DNF) and Withdrew (WTD) will be scored as the number of boats that finish in that race plus one.**

**19.2. There will be no withdrawals once a protest goes to hearing.**

**19.3. A yacht must finish three races to be eligible for trophies in a series.**

**19.4. The time-on-time method of handicapping as described by PHRF will be used.**

**19.5. Throwouts when 7 or more races are scheduled**

| <b>Number of Races Scored</b> | <b>Number of throwouts</b> |
|-------------------------------|----------------------------|
| <b>7 or more</b>              | <b>2</b>                   |
| <b>6</b>                      | <b>1</b>                   |
| <b>5 or less</b>              | <b>0</b>                   |

**19.6. Throwouts when 6 or fewer races are scheduled**

| <b>Number of Races Scored</b> | <b>Number of throwouts</b> |
|-------------------------------|----------------------------|
| <b>5 or more</b>              | <b>2</b>                   |
| <b>4</b>                      | <b>1</b>                   |
| <b>3 or less</b>              | <b>0</b>                   |

**19.7. Ties will be broken in accordance with RRS A8.**

**19.8. A boat's rating may be changed on a day-by-day basis by the skipper electing to sail under the "No Spinnaker" provisions, below.**

**20. No Spinnaker Rule**

**20.1. Any boat may elect to compete on a given day without using a spinnaker, and receive a rating adjustment.**

**20.2. Prior to the warning signal for the first race each day, the skipper of a boat electing to compete under the No-Spinnaker Rule must notify the Race Committee.**

**20.3. Notification may be given for a particular day, or for the whole series of races.**

**20.4. The definition of a spinnaker and the amount of rating adjustment shall be determined by the CLCF Rating Committee, as appropriate for the type of boat.**

## **Appendix A**

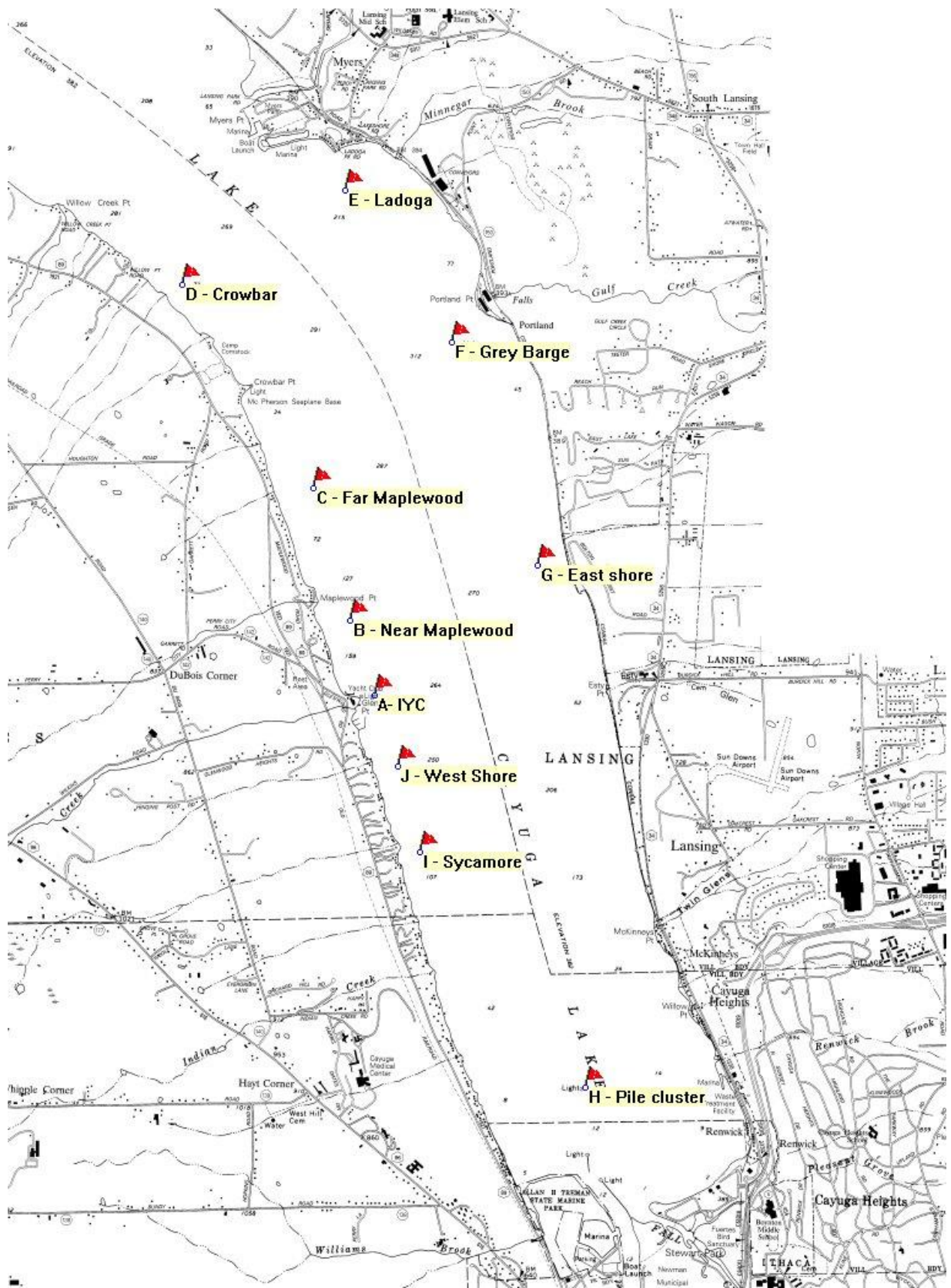
### **Calendar**

See website ([www.cruisingfleet.com](http://www.cruisingfleet.com)) for the schedule of races.

## Appendix B

### Course marks

| Mark | Name                | Description       | Approx Location          |
|------|---------------------|-------------------|--------------------------|
| A    | IYC<br>Start/Finish | White             | 42°29.785'N, 76°32.208'W |
| B    | Near Maplewood      | Orange            | TBD...                   |
| C    | Far Maplewood       | Orange            | 42°30.655'N, 76°32.582'W |
| D    | Crowbar             | Orange            | 42°31.514'N, 76°33.373'W |
| E    | Ladoga              | Inflatable orange | 42°32.018'N, 76°32.443'W |
| F    | Grey Barge          | Moored barge      | 42°31.289'N, 76°31.802'W |
| G    | East Shore          | Orange            | 42°30.358'N, 76°31.274'W |
| H    | Pile Cluster        | Red nav mark      | 42°28.139'N, 76°30.956'W |
| I    | Sycamore            | Orange            | 42°29.127'N, 76°31.943'W |
| J    | West Shore          | Orange            | 42°29.484'N, 76°32.109'W |



## Appendix C

### Alternative race procedure

When no on-shore race committee is available, races may be conducted as follows.

1. A person designated by a fleet officer will act as Race Committee. This person may also be a competitor.
2. The RC will post a notice on the official notice board, at least one hour before the first start, stating that the Alternative Race Procedure will be used. This changes the sailing instructions.
3. The RC will post the course(s) on the course posts before sailing.
4. Exact times are determined by GPS.
5. The first race will start at the scheduled time. No visual or sound signals are required. Fleets will start in their customary order.
6. The RC will attempt to give an accurate 5-minute warning by sound signal, which may be broadcast on VHF channel 80. However, the start is determined by GPS time, not by the sound/VHF.
7. Competitors will record their finish times as accurately as possible, and will note the approximate position of other boats in the vicinity. They must give this information to the RC as soon as possible after the RC's boat has docked.
8. Subsequent races will start 10 minutes after the last competitor has finished the previous race, rounded up to the next whole 10 minutes. For example, if the last boat finishes between 2:20:01 and 2:30:00, the next start is at 2:40pm. The last boat to finish must notify the RC of their finish time as soon as possible, and the RC will broadcast the start time of the next race by VHF.
9. GPS recordings may be used to determine actual start and finish times. The race committee may provide a GPS recording device to any boat, and require it to be carried.
10. The race may be postponed, or the course may be changed or shortened, only if the RC is able to communicate with all competitors. The change does not apply until the RC notifies competitors that he has received acknowledgments from all boats.
11. Competitors are strongly encouraged to carry a VHF radio (set to channel 80) and a GPS able to display time to the second.